



## *Lunch Menu*

### **Soup**

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#### **Soup of the Day**

**6**

Chef Mike's seasonal soup, made with local ingredients. Please ask your server for today's selection.

### **Salad**

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#### **House Salad**

**6 / 11**

Please ask your server for today's selection.

#### **Frederick's Caesar**

**7 / 12**

Fresh crisp romaine, bacon, seasoned croutons and parmesan shards tossed in Frederick's popular caesar dressing, add chicken + \$5

### **Appetizers**

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#### **Charcuterie Board**

**18**

An assortment of cured meats, fine cheeses, house made pork rilette and red pepper jelly. Served with crostinis. Perfect for sharing!

#### **Polenta Fries**

**7**

Creamy polenta chilled, cut into fries then deep fried golden brown. Served with garlic parmesan dip.

### **Kids Menu**

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#### **French Fries**

**6**

#### **Chicken Fingers and Fries**

**12**

#### **Grilled Cheese and Fries**

**12**



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**Entrees below - excluding pasta and salmon salad - are served with home cut French fries or the soup of the day.**

**Substitute with house salad or Caesar salad - ADD \$2.**

<b>Steak and Swiss Sandwich</b>	<b>15</b>
Sliced Flank Steak with Swiss cheese, caramelized onion and horse radish mayo on a fresh ciabatta baguette	
<b>3 Cheese Grilled Cheese Panini</b>	<b>14</b>
Cheddar, Brie & Gruyere on fresh rosemary focaccia	
<b>Chicken Brie Pesto Panini</b>	<b>15</b>
Chicken breast with brie cheese and pesto on fresh rosemary focaccia	
<b>Chicken Wings</b>	<b>1 lbs / 2 lbs</b>
Served with your choice of Honey Garlic, Garlic Parmesan, Maple Chipotle BBQ, or BBQ	<b>12 / 23</b>
<b>Burger of the Day</b>	<b>Market</b>
Ask your server about today's burger special	
<b>Grilled Salmon Salad</b>	<b>15</b>
Grilled salmon on a bed of leafy greens, vegetables, and berry vinaigrette	
<b>Chicken Caesar Wrap</b>	<b>15</b>
Crispy chicken and caesar salad wrapped in a flour tortilla	
<b>Black Bean and Corn Quesadilla</b>	<b>14</b>
Black bean and corn salsa mixed with cheddar in a warm tortilla shell, accompanied by sour cream and salsa	

### **Dessert**

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<b>Daily Specials</b>	<b>7</b>
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Ask your server about our daily homemade dessert selection

<b>Ice Cream Sundae</b>	<b>4</b>
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Menus are subject to change without notice ~ All prices are plus hst