



Soup


Soup of the Day

6

Chef Mike's seasonal soup, made with local ingredients. Your server will have information regarding today's selections.

Appetizers

House salad and caesar salad may be chosen as a side or a full meal.

House Salad    **6 (side)/ 11 (meal)**

Please ask your server for today's selection.

Frederick's Caesar **7 (side)/ 12 (meal)**

Fresh crisp romaine, bacon, seasoned croutons and parmesan shards tossed in Frederick's popular caesar dressing

Charcuterie Board **35**

An assortment of cured meats, fine cheeses, pickles and house made red pepper jelly and grilled naan. Perfect for sharing!

Flatbread Pizza **14**

Chef's choice served on a garlic rosemary flatbread

3043 Beachwood Drive, Lakefield, ON K0L 2H0

888-313-1118 705-657-3481 info@beachwoodresort.com

www.beachwoodresort.com



Vegetarian



Gluten Free





Dairy Free



Entrées

Entrées (excluding pastas/stews, are served with seasonal vegetables and your choice of:
local wild rice pilaf, garlic red skin mashed potato, or home cut French fries.

Kansas City Smoked Ribs   **24 (half)/30 (full)**

½ rack pork side ribs, smoked and finished with house made maple chipotle barbeque sauce

Chicken Marsala  **22**

Grilled chicken breast topped with a mushroom marsala sauce

Korean Style Beef Short Ribs   **24**

Beef short ribs marinated and finished on the grill, topped with green onion and toasted sesame seeds

Catch of the Day **Market**

Ask server for details

Burger of the Day **Market**

Ask server for details

Lobster Risotto  **28**

Butter poached lobster tail served on a creamy sweet pea risotto

Fettuccini Alfredo – Shrimp or Chicken **22**

Fettuccini tossed in a classic creamy Alfredo sauce topped with your choice of shrimp or chicken

Chick Pea Coconut Stew  **22**

Chick peas, vegetables, & sweet potatoes in a tomato, coconut curry sauce and garnished with Moroccan preserved lemons. Served with Naan bread

Children's Entrées

All entrées are served with seasonal vegetables.

Entrées are also served with (excluding pasta and pizza) a choice of:
local wild rice pilaf, garlic red skin mashed potato, or home cut French fries.

Fred's House Burger **14**


House made 4 oz all beef burger topped with cheddar

Chicken Fingers **12**

All white boneless breasts breaded and deep fried

Chicken Wings **12**

Chicken wings served with honey garlic, thai chili, Frank's Red Hot or BBQ sauce

Fettuccini  **12**

Tossed in a creamy alfredo or house made tomato sauce

Flatbread Pizza  **14**

Topped with tomato sauce and cheese with your choice of pepperoni or vegetable.

Dessert

Daily Specials, Ice Cream Sundaes and Floats **6**

Ask your server about our daily homemade dessert selection

All prices are plus hst