



We are currently offering outside patio as well as take out.

Lunch Menu

Soup

Soup of the Day **6**

Chef Mike's seasonal soup, made with local ingredients. Please ask your server for today's selection.

Salad

House Salad **6 / 11**

Spring mix, cucumber, red onion, green and red peppers. Served with our house made Honey Dijon Thyme dressing.

Frederick's Caesar **7 / 12**

Fresh crisp romaine, bacon, seasoned croutons and parmesan shards tossed in Frederick's popular caesar dressing, add chicken + \$5

Beet and Goat Cheese Salad **15**

Meal sized salad made of beets, goat cheese, candied walnuts, sliced green apple, red onion on a bed of spring greens, topped with a balsamic dressing.

Appetizers

Charcuterie Board **35**

An assortment of cured meats, fine cheeses, olives and house made red pepper jelly. Perfect for sharing!

Big Mike Spring Rolls **15**

Wonton wrapped ground beef, cheese, onion and pickles deep fried served with Big Mike dip.

Fried Shrimp **14**

Lightly dusted fried shrimp, served with our house made cajun sriracha mayo.

Dip Platter **18**

Hummus, bean dip, and three cheese dip served with Tortilla chips and grilled naan

Poutine **14**

House cut fries with gravy and cheese curds



Entrees served with choice of home cut fries or soup of the day.
 Substitute with House or Caesar salad - ADD \$3.
 Substitute with Poutine – ADD \$4.

3 Cheese Grilled Cheese	16
Cheddar, Brie & Swiss on marble rye	
Chicken Brie Pesto Panini	16
Chicken breast with brie cheese and pesto on fresh ciabatta baguette.	
Chicken wings – 1lb	18
Sauces – Beachwood sauce, honey garlic, Thai chili, Franks Red Hot, salt & pepper or BBQ	
Deer Bay Club	16
Buttermilk fried chicken, bacon, lettuce, tomato, cheddar cheese and basil mayonnaise on ciabatta baguette.	
Smash Burger	16
House made beef patty topped with cheddar cheese and your choice of condiments served on a brioche bun.	
Smoked Salmon Sandwich	18
House smoked Atlantic Salmon, fresh arugula, lemon caper cream cheese, crisp cucumber on a Jalapeño Cheddar Bagel.	
Flatbreads	18/16/16
Pulled pork – BBQ sauce, red onion, cheddar cheese.	
Greek – Greek base, red onion, black olives, peppers, feta cheese.	
Pepperoni – pizza sauce, pepperoni and mozza.	
Kids Selections	
Chicken Fingers and Fries	15
4 chicken fingers and fries, served with plum sauce and ketchup.	
Grilled Cheese and Fries	14
Dessert	
Daily Specials	6
Ask your server about our daily homemade dessert selection	
Ice Cream Sundae and Ice Cream Floats	6